**Application Form and Ethos/ Spirit of Form**

The Rex Karmaveer Global Fellowship Form has been designed by the REX Karmaveer Founder Jeroninio Almeida, who is a Leadership Coach and Mentor to Learning Masters and specializes in Coaching Leadership Trainers and Teachers around the world. Jerry designed the form in consultation with several Leadership Masters like Noam Chomsky, Phil Zimbardo, Stephen Covey, Tony Robbins, Heidi Grant and Carol Dweck. The life changing questions that are posed in the form have impacted millions of people around the world to unleash their potential and find their true calling in life. Jerry charges a huge fee as a Life/ Executive/ Performance and Leadership Coach and over here The REX Karmaveer Global Fellowship form is your FIRST BIG GIFT in the journey of self-learning, self-discovery and self-awareness. Jerry always says that we as Human Beings must realise that we cannot change anything or anyone in the world. We simply cannot. But we can change everything in the world by using our POWER and POTEANTIAL to change the ONE BIG THING that we are empowered to change. THAT ONE BIG THING WE CAN CHANGE IS i. We can change ourselves. THAT IS OUR POWER. And when we change, everything changes. Hence, our simple mantra is I CHANGE TO CHANGE THE WORLD. I CHANGE TO CHANGE EVERYTHING> I CHANGE TO CHANGE EVERYONE. Be the ROLE MODEL because that is why you are chosen as our REX Karmaveer Global Fellow.

The form has been designed to generate insight and provoke thought, for you as our fellow about your life and your journey and to help you discover more, do more and grow more in all dimensions of your life. The form itself has impacted many fellows and award recipients as people have discovered and unleashed more of their potential and passion as they have pondered over the form. Set one hour aside and do some deep introspection and reflection and we promise you THIS ONE HOUR will change all the hours of your LIFE. So let the journey of SELF-DISCOVERY begin.

**While answering the form you may keep these 3 questions in mind.**

**What should I continue doing?** (As our nominated fellow you are doing several things that are working well and you should continue doing that. Think Continuous Improvement)

**What should I stop doing?** (You may be having some challenges or behaviours that stifle your potential. Ponder about that!)

**What should I start doing?** (There may be some concerns or beliefs that are restricting more growth and not enabling you to change your game. Introspect your future!)

We assure you as you fill this form, many things in life will become CLEARER and you will have more clarity in all dimensions of life. Filling this form will lead to more self-discovery, self-awareness and self-development and will enhance and energise the happy chemicals in your brain that are needed to achieve with excellence. You may use this form at regular intervals to unleash the best in you continually.

Given below are 15 indicative testimonials from several ethical eminent leaders purely for information about the impact, inspiration and influence of the **REX Karmaveer Global Fellowship Form and its power to help you harness and unleash more of your unlimited heroic potential.**

**Anu Aga- Captain of Industry and Chairperson of Thermax India Limited.**

When I first saw the form, I was over 60 years old and retired. Jerry nudged me to read the form and reflect when I was chosen for the Karmaveer Puraskaar award. The form gave me a clear vision for my retired life. Every 3 to 4 months I revisit this form and get more clarity for the rest of my life. With the help of the questions in the form, I choose to make some difficult decisions that I had conveniently ignored. Questions in the form helped me make my decisions without any fear to be a part of the National Advisory Council of the Planning Commission and then serve in the Rajya Sabha to serve the nation.

**Meenakshi Uberoi- Education Evangelist & Founding Director De Pedagogics - *nurturing education***

**Dear Col. Dutta**,

Note: Colonel. Sanjeev Dutta (veteran) is the REX Karmaveer Global Fellowship Founding Curator.

I would like to first of express my gratitude for nominating me for the coveted Karmaveer Chakra (instituted with UN) and the REX Karmaveer Global Fellowship (RKGF) 2015 -16, this indeed is a very proud moment for me and I'm feeling very privileged. I have made a sincere effort to answer the questions in the questionnaire and the journey has had an immense impact on me. The questions are beautifully designed to reflect on one's beliefs, value system, journey from where i began, where i am today and where i see myself in the future - it’s a complete self-realization experience and I felt as if i were writing an autobiography (which i might now consider writing). I’m indebted for life for providing me such an insightful experience. I must now confess that of all the questions I've been able to find time to authentically answer only the 1st 15 questions and i feel due to the pressure of my newly initiated assignments I will not be able to do justice to answering more question in the given time. I'm sharing with you my thought process so far and would request you to please allow me to take time to answer such life impacting questions. I completely understand that this might disqualify me from the honour bestowed upon me but I would still want to answer these questions meaningfully rather than frivolously as this form is a big award by itself.

I hope you understand my thoughts and that I hold the nomination in high regard and feel very blessed to be considered for such a great honour.

**Warm Regards**

**Meenakshi**

**Karan Bajwa – MD – IBM India and Former Country Head of Microsoft India.**

My daughter Bani and I have been fortunate to attend Jerry’s leadership sessions. I attended the one he conducted at the Microsoft office and my daughter attended his session in school. Jerry has helped us both to see things in a different light with his simple insights and pedagogy. I have become more affirmative and encouraging with people and cognizant on my work- life- play balance. Bani has lost her inhibitions and shyness and become more confident and outspoken. When Jerry nominated Bani for the REX Karmaveer Global Fellowship and shared the form with us, the questions not only helped Bani to gain a clear path in her life but also helped me to understand what I need to focus on and what I need to let go. The questions in the form are very powerful

**Michael Norton OBE ( Officer of the Most Excellent Order of the British Empire.). Founder of CIVA Serial Entrepreneur and Philanthropist.**

When I was nominated for the Karmaveer award, I was overwhelmed. I had heard of the award from my associates in India and suddenly it was a dream come true. Besides the award, the bigger gift was the gift of learning and self-discovery offered through the REX Karmaveer form.

**Pavan Sukhdev – Director- Deutsche Bank, Social Entrepreneur, Environmental Economist.**

This form gave me huge clarity and empowered me to decide to move on from the banking sector and focus on becoming an environment entrepreneur. Grateful for the Karmaveer award and the form which made me aware of my latent potential and I am now serving as the President of Worldwide Fund (WWF) Global International Boar and Special Adviser and Head of UNEP's Green Economy Initiative.

**Meera Sanyal – Former CEO Royal Bank of Scotland and ABN Amro, member of Aam Aadmi Party (AAP) National Committee on Economic Policy**.

Jerry you know I am a big fan of yours and every time I hear you speak, I am inspired to commit more time for social justice. I am also thankful to you for having shown us the way to straddle social work while we continue with our Business as usual as Corporate Executives. The Karmaveer award and the form has inspired me to now move into public service as an active politician. The mind-altering decision was final after I did some serious reflection, while answering the questions in the form.

**Dr. APJ Abdul Kalam Former President of India**

Jerry, I have a humble request regarding my nomination. I read through the website and trivia booklet to learn more about the criteria for the Karmaveer Puraskaar awards. I agree with Dr. Verghese Kurien that the Karmaveer award is the most credible honour, because of your guiding principles of egalitarianism, simplicity, austerity, fairness and integrity. I have huge respect for Dr. Verghese Kurien, who was a dear friend and your first lifetime achievement award recipient. Therefore, I feel, that I need to do more in my personal capacity, to deserve the lifetime achievement award which all of you have nominated me for.

I would therefore request you to kindly accept my regrets, since I would not like to accept the lifetime achievement award at this time. Let me do more to serve the nation and society. Let me begin add value as your chief believer and ambassador to promote the International Volunteering Olympiad. Once I have done that, I shall consider myself to be more worthy and deserving for the lifetime achievement award. Till then you may nominate me for the forthcoming year as your Rex Karmaveer Global Fellow. I would love to be a part of the fellowship and attend the Rex Forum as your chosen fellow. I assure you, that I shall adhere to the No VIP culture and shall blend in as one of your many fellows. I shall participate as a silent spectator, to learn and collaborate with all other like-minded fellows in the gathering. I also agree to attend the Rex Forum, without any security entourage.

The REX Karmaveer Global Fellowship form has given me great insights and I want to devote the rest of my life to inspire the students and youth of this country to volunteer and make a difference.

**Gul Panag- Actor , Politician, Adventurer**

The Karmaveer award is an honour that one needs to live up to. The form helps us to understand our potential and unleash the same with passion and conviction. The form has given me great insights for my life in public service.

**Kumi Naidoo – Global Crusader, Human Rights activist, Former Global Head GreenPeace**

The Karmaveer award ceremony is a humbling experience. While filling the form I was humbled and realised that I need to do more and what I have done is not enough for the self and society.

**Lindsay Levin – Founder and Managing Director of Leadersquest, Author.**

I was pleasantly surprised to receive my Karmaveer nomination. While filling the form I realised that the high profile delegations I lead to India and other developing countries, can contribute more than money with their time and involvement. I have been inspiring them all since then and am grateful to Jerry for coaching me and advising us to add more value through our several delegations.

**Mary Pawlenty- Attorney, Former First Lady of Minnesota and wife of Presidential Hopeful and Governor Tim Pawlenty.**

The Karmaveer award given to me for my work with children is my most treasured trophy and citation. My mind was filled with ideas and thoughts as I filled up the form to use my lawyer education better to make healthcare accessible for all. The insights I got made me take a leap of faith to begin my own foundation and open more health clinics for children around India

**Arzell Paparzell – US Based Jazz Musicial and Human Rights Crusader.**

The Karmaveer Puraskaar inspired me to keep going on and helping people. Filling the form is an inspiring experience and ignites the fires within to discover more about how we can champion change within ourselves and in our world.

**Dr. David Dror- Former UN Director and International Diplomat, Founder of Micro Insurance Academy.**

Jerry, the form is unique and creatively crafted to inspire insights about one’s life and the road ahead. It gave me many insights about things that I had ignored along the way. The form truly helped me to envision and realise the many things I wanted to do but have overlooked along the way, about things I have been doing and can do better and about various things that can still be done in the remainder of my lifetime.

**Ishita Katyal (7 year old girl who first spoke at REX as our Young REX Karmaveer Fellow and now speaks around the globe in international conferences)**

Jerry Uncle, thank you for the opportunity to speak at REX CONCLiVE. It boosted my confidence and inspired me to become a good orator who speaks for child rights. While filling the form I also realised that I must not ignore my studies and learning at school and balance my school work and speaking work to gain all round development. Thank you once again for the lessons in public speaking and for teaching me to build my capabilities as a speaker. I feel immense gratitude for all your efforts and support, everytime I speak in conferences and receive a standing ovation.

**John Graham – Former US Diplomat and Ambassador for US Mission to NATO, UN and many countries including Libya, Founder of Giraffe Heroes Project, Author, Adventurer.**

Jerry and Col. Dutta, I found a lot of value in the fellowship form to unravel the thoughts in the innermost wilderness of my mind that I had neglected along the way in the whirlwind of day to day functioning. Many more mountains to climb literally and metaphorically speaking. Thank you for telling my story in your Karma Kurry book. We have received awe-inspiring response from many readers from around the world, who have reached out to support our Giraffe Heroes initiative. I am now inspired to take the Giraffe Heroes movement beyond the US and into several countries and would like to use the form for the Giraffe Heroes project also. Hope I get your consent for the same.

**Application Process**If you are sending in a self- nomination or nominating someone else, please send your/ your nominee’s profile to **Major. Bakhtawar Brar (veteran) ( Major Brar is assistant to Jeroninio Almeida - REX Karmaveer Global Fellowship -Founder/ Chief Curator and iCONGO volunteer)** at  [**jeroninio@icongo.in**](javascript:void(0);) **with a CC to RexKarmaveerCurators@gmail.com** and state why you/ your nominee deserves REX Karmaveer Global Fellowship.

If you have received your nomination form from our former fellows and curators, please ask them to provide you with your customized LOGIN ID and Password.

Already have LOGIN ID and Password then [Click here to login](http://rkgf.rexideas.com/)

For instruction regarding filling form [click here](http://rexideas.com/index.php/application-tips/)

**Fellow Form Questionnaire:**

First Name

Middle Name

Last Name

How would you like your name your citation/ certificate

Date of Birth

Your Email

Gender

Cellular Number

Address

1. Who am I? Define yourself and also tell us your 6 most important roles and why these roles are important to you? How these roles define you and your life (personal and vocational roles and responsibilities and action plans in these roles) (2000 Characters).

2. Imagine it is your 60th birthday 25-30 years from now. Who are your friends, colleagues, associates and family members (at least 5 people) that you would want to be with on this milestone? What are the things that you would like them to say about you? (2000 Characters).

3. Name a few hobbies/ activities/ avocations/ interests that you are most passionate about? What are you doing to support your passion? (2000 Characters)

4. What are the accomplishments and achievements in your life that you are proudest of? Out of these accomplishments, which is the most memorable one? Which one made you feel empowered enough to take on anything in life? (2000 Characters).

5. As a leader, what according to you are the 3 most important human values and why? What values do you feel are essential to welcome change in the world and why? (To answer this question you may think of 3 people (perhaps your role models) who have made a positive difference in the world and then ponder about their values, which you also may hold dear to your heart?) (2000 Characters).

6. What are the 6 things that you value the most in your life? (1200 Characters)

7. What are the things in your personal and professional life that make life worth living? What is it that makes you come ALIVE the most? (2000 Characters).

8. If you had unlimited time and other resources, what would you choose to do? (1200 Characters).

9. What do you consider to be your most important future contributions for others? (1200 Characters).

10. Do you have any simple ideas for action? What makes your ideas for actions unique? Have you already put your idea into action? If yes, please let us know when it was started and what the impact of your work is. (If you have not yet taken your idea to action, you are still eligible for the fellowship but please do let us know when you plan to take your idea to action!) (2000 Characters).

11. What unique talents/gifts/abilities do you have? What are the areas of improvement? Also what is the one big challenge you face currently in your life, which you feel you need to change?

How do you plan to overcome this challenge? (If you have no challenges just say so) (2000 Characters).

12. Is there something you always feel you should do, even though you may have ignored those thoughts in the past? If so, what stops you? (If there is nothing you have ignored, just say so)(1200 Characters).

13. What cause(s) do you care deeply about in our world? (Besides yourself, family, friends and your personal passions) and why? How do you think you can make a difference in our world as our fellow and champion of change? (This could be a future plan if not being currently done)(2000 Characters).

14. Amplify the statement “I change to change the world because…… (1200 Characters)

15. Share a statement, a statistic, a song, a poem, a quote, a mission statement, a compelling fact, or any other detail that defines you (150 words)

16. Give details of any other awards you have received. (1200 Characters)

17. Give us your brief profile summary that best describes you and all you do. This shall be edited and abridged for your citation. (Kindly put this in third person.) (1200 characters)

18. What other questions (if any) should we have asked you, but didn’t? Please write them down and answer them! (In other words, tell us something about yourself that we don’t know yet and you would like us to know) (4000 Characters).

\*However for people who send in SELF APPLICATIONS, please note that the Council Of Fellows in consultation with all our erstwhile fellows may only accept you into the fellowships or recommend/ and invite after their research and due diligence. There is no assurance that your application will be accepted. If it is accepted, you shall hear from the Council of Fellows within 15 working days from the date of your application. If you do not hear from the fellows within 15 working days, it means that the application has not been accepted. We cannot write to all people who apply as we receive numerous applications. However all applications are considered in all fairness with an inclusive approach.